

PARENT WORKSHOPS

Spring term 2015

DATE	THEME
Thursday 29 Jan - 9am	Talking to your child about boys and girls, growing up and change with Hayley Harkins
Thursday 5 Feb -9am	Talking to your child about growing up, relationships and using social media with Hayley Harkins.
Thurs 5 Feb 2pm	Parent gym taster session –Come and meet our lovely tutor Diana who will explain more about this popular program –suitable for all parents.
Thursday 12 Feb 2pm	Parent Gym – CHAT . Get you and your children talking in a positive way every day.
WEDNESDAY 25 Feb - 9am	Exploring family relationships: managing sibling rivalry. Come and pick up some tips with Jenny from CAHMS
Thursday 26 Feb - 2pm	Parent Gym – LOVE . Show your children that you care in the right way.
WEDNESDAY 4 March	School Progress –come and find out more with Mr Henry
Thursday March 5 - 2pm	Parent Gym – BEHAVE . Bring Order to your house with rules and routines. Share what works and what does not.
Thursday March 12 - 9am	Tips for supporting your child with reading at home. With Mrs Farquharson
Thursday March 12- 2pm	Parent Gym – CARE . Keep yourself and family happy and healthy.
Thursday March 19- 2pm	Parent Gym – DISCOVER . Help your little one learn, grow and achieve their dreams.
Thursday March 26- 2pm	Parent Gym – TOGETHER –Keep your family rock solid and help make your kid to make friends.

Workshops are usually held in the Mitford building. Tea and coffee always available.

We look forward to seeing you there.