

# St Mark's Primary School PE and School Sport Plan



The benefits of physical exercise can never be overstated and here at St Mark's, we acknowledge and promote them as a life lesson. They include

- Good health and food
- Co-operation and teamwork
- Healthy minds, ready for learning
- Positive self-esteem and body image
- Positive behaviour



During the academic year 2019-20 our school will receive £17,719 to support PE and sport provision.

In the schools 2015 Ofsted report it states, 'The primary sport funding is used effectively in the school, including to widen the range of clubs and sports on offer. Pupils enjoy the greater opportunities to be involved in competitive games with other schools.' We have built on this success over the last five years and provide a wide variety of sports in school and have increased the number of pupils taking part in competitive sport during and after school. We have promoted positive playtimes through structured activities. As a school, we endeavour to increase the health and fitness of our pupils. In our recent 2019 Ofsted report it states, that the P.E curriculum is 'enhanced, with daily physical exercise for pupils taught by a specialist.'

Set out below are the areas targeted by our school through the additional funding for the next year.

The school's PE co-ordinator is Mr David Peacock

The school's PE coach and after school co-ordinator is Mr Lance Symister

Activities Selected	Purpose	Targeted Pupils	Outcome	Cost to school
Employing qualified coaches	To lead PE and work alongside teachers and teaching assistants in lessons to increase their subject knowledge and confidence in the teaching of PE and running playground games.	Allpupils Reception-Year6	<p>100% of pupils in Year 4, 5 and 6 take part in at least 1 inter school event.</p> <p>In 2017 - 18, 100% of children in year 6 competed in an inter school competition; 76% participated in two on more competitions.</p> <p>In 2018 -19 100% of children in Year 6 competed in an inter school competition; 68% participated in two on more competitions.</p> <p>All children have access to high quality P.E lessons at least once a week. Playtimes are active, fun and well supervised by all adults.</p>	£14,000 - staff costs
Islington PE Bronze Package	To allow children to take part in a wide range of inter school competitions throughout the year.	Primarily Years 4, 5 and 6.  Opportunities increasing for Years 2 and 3.	To increase the opportunity to take part in inter school competitions. Skills to be taught in PE lessons and then transferred to the event. Children to learn the value of teamwork and hard work.	£ 1,200
Islington inter school competition preparation and attainment.	To ensure that children at St Mark's have the best opportunity to achieve when representing the school, lunchtime training sessions will be provided in the run up to competitions with P.E co- ordinator and Sports Coach.	Primarily Year 5 and 6	<p>St Mark's have achieved and will continue to achieve better results in inter school competitions within the borough.</p> <p>Children will arrive at competitions confident and prepared to achieve their personal best. Children are superbly coached prior to all events and St Mark's are generally one of the best performing one form entry schools in Islington.</p> <p>The girl's football team won the Islington Schools Cup 2016-17 (sixteen teams entered the competition) and the boys team finished third in their league. Good performances in a range of competition in 2017-2018 especially in girls athletics.</p> <p>Academic year 2018-19 Girls finished 4<sup>th</sup> in the borough.</p> <p>Academic year 2019-20 Year 6 mixed basketball team finished 2<sup>nd</sup> in the borough.</p> <p>We are consistently one of the highest performing one form entry schools in Islington.</p>	Cover x 3  £600
Daily Exercise	To ensure that all children are getting enough exercise each day. Target the problem of childhood obesity before children leave St Mark's to go to secondary school.	Whole School	<p>All children from Year 1 – 6 take part in the Daily Exercise. We endeavour to do this three times per week in the Autumn and Summer Term.</p> <p>This has helped to boost fitness, confidence and self-esteem while targeting children who are reluctant to take part in any physical exercise. Children are enjoying participating much more as they are now seeing significant improvements to their physical fitness.</p>	No additional cost
After school activities	The after school clubs will provide high quality activities.	Year 1-6 after school club attendees.	To increase the number of children accessing high quality activities after school.	£34 per week. 39 weeks.  £1326

Partnership with Alpha Football.	To ensure that the school is using the school pitch to serve the local community.	Year 3,4,5 and 6	St Mark's has a working relationship with Alpha Football (an Islington community youth team). We provide Alpha with free access to our pitch to run their club training sessions (a number of St Mark's pupils and ex-pupils attend) and in return they run additional free sessions for St Mark's pupils.	No additional cost
Swimming	To swim competently, confidently and proficiently over a distance of at least 25 metres To use a range of strokes effectively To perform safe self-rescue in different water-based situations	Year 4, 5 and 6	Children in Year 4, 5 and 6 have one term of swimming per academic year. During that term children swim one a week. The aim is to ensure that as many children as possible can swim when leaving St Mark's.  During the academic year, <b>2017-2018, 71%</b> of children left Year 6 being able to competently swim 25m and use a range of strokes effectively.  For the current academic year, <b>2018-2019 (November) 53%</b> of Year 6 children are able to competently swim 25m and use a range of strokes effectively. Of these <b>26%</b> can confidently swim 50m+. <b>All children can swim 10m.</b>	£752 per term £2256
Purchasing specialist equipment and teaching resources	To ensure quality first teaching in PE with appropriate resources	Whole school	PE curriculum is delivered and supported through appropriate equipment. It also ensures that we can participate in all interschool competitions. Ensure a wider variety of activities are available to children. (Change from previous years) We received £1000 from Kellogg's, £300 additional for pitch hire and a large amount of free equipment from the Premier League Primary Stars. From this we have new bibs, cones, balls, football shirts and shorts and two full size table tennis tables.	Some equipment paid for from various fundraising  £140 football kits Playground equipment £800
Providing cover to allow Sports Coach and P.E coordinator to attend inter school competitions.	Allow pupils to achieve their personal best in inter school competitions.	Whole school	PE coordinator and Sport Coach are able to attend inter school competitions and develop coaching leading up to events.	Internally covered
Providing extra, additional activities such as outdoor and adventurous activities	To ensure school journey activities are challenging, exciting and only available Externally.	Y6 pupils	Children experience a week without parents in a rural setting, and take part in daily physical exercise teamwork and challenge. Additional contributions from families who can afford to pay the full amount.	£1,500 Providing money towards school journey
Dance	To ensure St Mark's pupils all have the opportunity to take part in dance.	All children	Children at St Mark's all participate in two class assemblies per year. Teachers are encouraged to choreograph 1 dance routine into each assembly. Year 6 pupils, in summer term, produce a Year 6 show. Oliver! (2017-2018) had 4 fully choreographed dance routines. 2016-2017 Islington Dance Festival Winners. Sports Coach and Year 1 and 2 teacher took part in dance training.	No additional cost.

Total= £21,822

