

Hi Opal Class! Cast your minds back to last term and have a think about what we were learning in our music classes.

One of the topics we worked on in class was **RHYTHM**, and we got especially good at clapping back rhythms to each other and identifying rhythms when we saw them written down in note form or 'notation', and we also played loads of games to help us with this.

We also looked at the names of the different types of notes:

quavers - half beats

crotchets - whole beats

minims - length of 2-hole beats

We practiced what each of these does and how they fit in when we play along to a

consistent 'pulse' (1,2,3,4, 1,2,3,4)

We did this by working out how many 'beats' each of the notes lasted for. There's a lot you can do in music with just these 3 note types.

Task 1 is to refresh your memories by looking at this little 'Theory Rocks' hope that helps you remember where we were.

Body Percussion

We also got really good at one of our warm-up games called 'The Human Drumkit' too, and in this game, we exchange the sound of the drumkit for sounds we can make with our bodies. We had a Bass drum (stamp), snare drum (clap), cymbals ("pshhhh" with our mouths) and high-hat sounds ("ch ch ch ch") sound with our mouths.

Hopefully this is beginning to 'ring a few bells!'

We got really good at clapping and repeating rhythms by clapping them back to me in repetition and then trying out our own patterns. I thought we could build on our rhythms and practice clapping and tapping along, with a bit of a 'Body Percussion' video.

Body percussion is when we tap, click, hit, slap, flick, or even stamp, using just our bodies to make sounds, a bit like the human drum kit.

It's really cool and some people have taken this new skill to some amazing new places. One example is Ollie Turner from Beat Goes On.

Task 2

Watch Ollie in the video here and learn some really excellent body percussion tips, sounds and rhythms. It starts slow and simple, but I promise, this got really complicated and addictive!