back to Early Years

September 2020

🏛 **ISLINGTON**

Welcoming everyone back to nursery and childminders

Since 20th July, nurseries and childminders have been able to welcome all children safely back. This is important for children's overall development and means parents can return to work.

Nurseries and childminders are following local and national public health guidance to keep children safe.

Young children don't spread Coronavirus more than adults. For most people – and especially children – if they do catch the virus, the symptoms will be mild.

Stay safe

We all need to work together to make sure we keep our nurseries safe, so please remember to:

- Keep washing your hands

- Socially distance where possible - especially at the entrance to nursery or childminder

- Stay away if you or your child (or someone you live with) have symptoms

Keep healthy

- Vaccinations protect you and your family. Speak to your GP to make sure vaccinations for your child and all of your family are up-to-date.

- Look out for the free annual flu vaccine – this is even more important this year. Children age 2 and 3 and some adults will be offered this by their GP.

- Walk, cycle or scoot to nursery or childcare if you can, rather than taking public transport.

Get tested if you or your child have symptoms:

- Tests can be booked online at: **www.nhs.uk/ask-for-a-coronavirus-test**
- For help with testing, see **www.nhs.uk/contact-us/get-help-with-asking-for-a-coronavirus-test/**

Children and staff will generally not need to wear face coverings in nursery or at the childminders.

Find out more

You can contact your nursery or childminder with any questions. Your Health Visitor is also happy to talk to you about any concerns you have, for example if you are from a Black, Asian or Minority Ethnic group or if there are grandparents or vulnerable family members at home.

Bright Start Islington Health Visiting: See **www.whittington.nhs.uk/brightstarthvislington** or call
- Bingfield Health Centre: **020 7527 1610**
- River Place: **020 3316 8461**
- Highbury Grange Health Centre: **020 3316 8012**