

# Online resources for parents & carers

Childnet have a dedicated area to support parents and carers with information on key online safety topics, advice and activities to share with your child.

[www.childnet.com/parents-and-carers](http://www.childnet.com/parents-and-carers)

## 1. Key advice from us

### Hot Topics

Information on key online safety topics including advice and conversation starters for children of different ages.

[childnet.com/parents-hot-topics](http://childnet.com/parents-hot-topics)

### Need Help?

Support and information on what to do if you think your child is at risk online.

[childnet.com/parents-help](http://childnet.com/parents-help)

### How to make a report

Advice for adults and young people on the reporting tools for popular games, apps and social media platforms.

[childnet.com/how-to-make-a-report](http://childnet.com/how-to-make-a-report)

## 2. Reviews and tools

### Net Aware

Online guide with up-to-date advice and parents' views on popular apps, games and online platforms.

[net-aware.org.uk](http://net-aware.org.uk)



Expert reviews, advice and age appropriate recommendations on games, apps, films and more.

[commonsensemedia.org](http://commonsensemedia.org)

**internet  
matters.org**

Step-by-step guides for using parental controls and privacy settings alongside support on a range of online safety topics.

[internetmatters.org](http://internetmatters.org)



### Advice centre

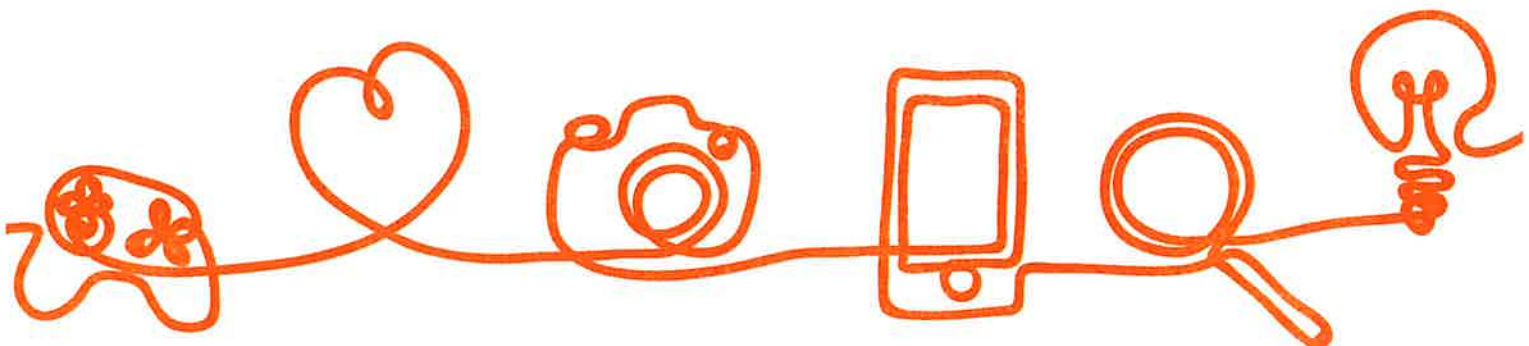
Advice centre with tips, guides and resources for parents and carers, adoptive parents, foster carers, health care professionals and more.

[saferinternet.org.uk/advice-centre](http://saferinternet.org.uk/advice-centre)

### Safety tools on social networks & other online services

A set of guides highlighting safety features on popular social media services and messaging apps.

[saferinternet.org.uk/safety-tools](http://saferinternet.org.uk/safety-tools)



### 3. Get help and support

For parents / carers

#### NSPCC

Free support and advice for adults concerned about the safety or wellbeing of a child.

0808 800 5000  
nspcc.org.uk

#### O<sub>2</sub> | NSPCC

Free online safety support and tech advice.

0808 800 5002  
nspcc.org.uk/onlinesafety

#### family lives

Free, professional, non-judgmental support and advice.

0808 800 2222  
familylives.org.uk

#### YOUNGMINDS

fighting for young people's mental health

Free, confidential, expert advice on how to support young people's mental health & wellbeing.

0808 802 5544  
youngminds.org.uk

For children

#### childline

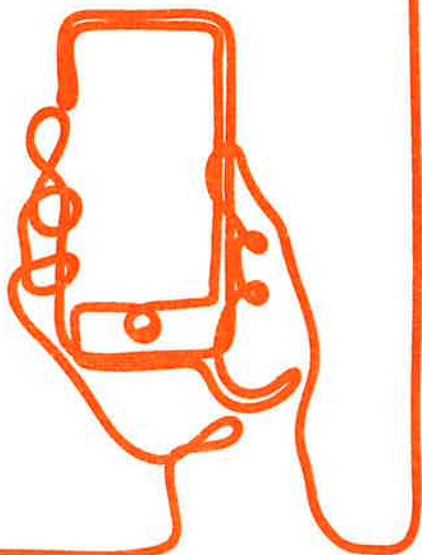
Providing help and support for under 18s.

0800 11 11  
childline.org.uk

#### THE MIX

Providing help and support for 13–25 year olds.

0808 808 4994  
themix.org.uk



### 4. Get specific advice

#### Childnet

From screen time and cyberbullying to gaming, we have practical advice on key topics.

[childnet.com/parents-hot-topics](http://childnet.com/parents-hot-topics)

#### Digital Parenting

Free online magazine, resources and articles on online issues.

[vodafone.co.uk/digitalparenting](http://vodafone.co.uk/digitalparenting)

#### Ask About Games

Advice and online guides about gaming and PEGI age ratings.

[askaboutgames.com](http://askaboutgames.com)

#### Phone Brain

Information about paid for services such as premium rate numbers and in-app purchases.

[phonebrain.org.uk](http://phonebrain.org.uk)

#### Get It Right From A Genuine Site

Find out which sites are legal for streaming and downloading films, music & games.

[getitrightfromagenuinesite.org](http://getitrightfromagenuinesite.org)

### 5. Make a report

#### Child Exploitation and Online Protection Command (CEOP)

A police agency tackling child sexual abuse and online grooming. Their two websites include an online reporting tool and advice and activities for parents and children.

To make a report:  
[ceop.police.uk](http://ceop.police.uk)

For advice & activities:  
[thinkuknow.co.uk](http://thinkuknow.co.uk)

#### Internet Watch Foundation

(Part of UK Safer Internet Centre)

The IWF work to remove online images and videos of child sexual abuse. Their online reporting tool can be used to anonymously report criminal content of this kind.

[iwf.org.uk](http://iwf.org.uk)

#### Report Harmful Content Online

(Part of UK Safer Internet Centre)

Advice on how to respond to harmful content online, this tool also allows visitors to query inadequate reporting responses from other services.

[reportharmfulcontent.com](http://reportharmfulcontent.com)

#### True Vision

Information about hate crime and incidents and advice on how to report it in England, Wales and Northern Ireland.

[report-it.org.uk](http://report-it.org.uk)

#### Action Fraud

National reporting centre for fraud and cybercrime in England, Wales and Northern Ireland.

[actionfraud.police.uk](http://actionfraud.police.uk)



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[@childnetinternational](https://www.facebook.com/childnetinternational)  
[@childnet](https://twitter.com/childnet)