

WHAT IF I AM WORRIED ABOUT

FGGM?



Are you worried that you may be at risk of having FGGM?



Have you had FGGM?



Are you concerned about a friend or family member?

PLEASE SPEAK TO SOMEONE NOW

FGM seriously harms girls and women.

FGM causes pain, for example when sitting down and creates longer term health concerns.

FGM is against the law.

FGM is child abuse.

Contact Childline for help and advice on 0800 1111.
Calls are free and confidential.

If you are in immediate danger, call the police on **999**.

You can also speak to a trusted adult at your school, adventure playground or doctor.

Visit: www.childline.org.uk

Contact the Children's Services team: **020 7527 7400**

Or call the NSPCC FGM helpline: **0800 028 3550**

email: fgm.help@nspcc.org.uk



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