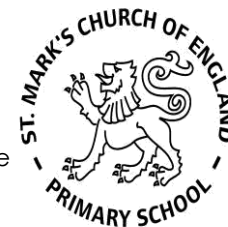


# St Mark's Primary School PE and School Sport Plan



The benefits of physical exercise can never be overstated and here at St Mark's, we acknowledge and promote them as a life lesson. They include

- Good health and food
- Co-operation and teamwork
- Healthy minds, ready for learning
- Positive self-esteem and body image
- Positive behaviour



**During the academic year 2021-22 our school will receive £17,700 to support PE and sport provision.**

In the schools 2015 Ofsted report it states, 'The primary sport funding is used effectively in the school, including to widen the range of clubs and sports on offer. Pupils enjoy the greater opportunities to be involved in competitive games with other schools.' We have built on this success over the last five years and provide a wide variety of sports in school and have increased the number of pupils taking part in competitive sport during and after school. We have promoted positive playtimes through structured activities. As a school, we endeavour to increase the health and fitness of our pupils. In our recent 2019 Ofsted report it states, that the P.E curriculum is 'enhanced, with daily physical exercise for pupils taught by a specialist.'

Set out below are the areas targeted by our school through the additional funding for the next year.

The school's PE co-ordinator is Mr David Peacock

The school's PE coach and after school co-ordinator is Mr Lance Symister

Activities Selected	Purpose	Targeted Pupils	Outcome	Cost to school
Employing qualified Sports Coach	<p>To lead PE and work alongside teachers and teaching assistants in lessons to increase their subject knowledge and confidence in the teaching of PE and running playground games.</p> <p>To ensure that all children have access to a broad and balanced P.E curriculum.</p> <p>To ensure all children have access to high quality P.E lessons.</p>	All pupils Reception - Year 6	<p>All children have access to high quality P.E lessons at least once a week.</p> <p>All children have the opportunity to compete in a variety of sports and team building activities which helps to embed values of fairness, respect and teamwork.</p> <p>Children are provided with opportunities to become physically confident in a way that supports their health and fitness.</p> <p>Children can compare their performances with previous ones and demonstrate improvement to achieve their personal best.</p>	<p>£14,000 - staff costs</p> <p>£550 = Get Set 4 P.E planning and curriculum mapping resources</p>
Playtimes	<p>At St Mark's, we believe that children should have the opportunity to engage in active and fun playtimes.</p> <p>To provide a broad range of age appropriate activities and games for children to part in during their break time and lunchtime play.</p>	Whole School	<p>Children have access to a range of high-quality equipment at playtime.</p> <p>Adults are confident to teach, run and participate in playground games.</p> <p>Our playground and pitch space are utilised by all year groups throughout the day to ensure the children at St Mark's lead happy and healthy lives.</p> <p>Playtimes are active, fun and well supervised by all adults.</p>	£500
Islington PE Bronze Package	To allow children to take part in a wide range of inter school competitions throughout the year.	<p>Primarily Years 4, 5 and 6.</p> <p>Opportunities increasing for Years 2 and 3.</p>	<p>To increase the opportunity to take part in inter school competitions. Skills to be taught in PE lessons and then transferred to the event. Children to learn the value of teamwork and hard work.</p> <p>In 2016-17 - 100% of pupils in Year 4, 5 and 6 take part in at least 1 inter school event.</p> <p>In 2017 - 18, 100% of children in year 6 competed in an inter school</p>	£ 1,200

			<p>competition; 76% participated in two on more competitions.</p> <p>In 2018 -19 100% of children in Year 6 competed in an inter school competition; 68% participated in two on more competitions.</p>	
Islington inter school competition preparation and attainment.	To ensure that children at St Mark's have the best opportunity to achieve when representing the school, lunchtime training sessions will be provided in the run up to competitions with P.E coordinator and Sports Coach.	Primarily Year 5 and 6	<p>St Mark's have achieved and will continue to achieve better results in inter school competitions within the borough.</p> <p>Children will arrive at competitions confident and prepared to achieve their personal best. Children are superbly coached prior to all events and St Mark's are generally one of the best performing one form entry schools in Islington.</p> <p>The girl's football team won the Islington Schools Cup 2016-17 (sixteen teams entered the competition) and the boys team finished third in their league.</p> <p>Good performances in a range of competition in 2017-2018 especially in girls athletics.</p> <p>Academic year 2018-19 Girls finished 4th in the borough.</p> <p>Academic year 2019-20 Year 6 mixed basketball team finished 2nd in the borough.</p> <p>We are consistently one of the highest performing one form entry schools in Islington.</p>	Cover x 3 £600
Providing extra, additional activities such as outdoor and adventurous activities	To ensure activities are challenging, exciting .	Y6 pupils	Children experience physical exercise, teamwork and challenge that they would not be able to experience in a school setting. Children's horizons are broadened and they are physically active for a sustained period of time.	£1500
Purchasing specialist equipment and teaching resources	<p>To ensure quality first teaching in PE with appropriate resources</p> <p>To ensure that at playtime, children have access to good quality equipment</p>	Whole school	<p>PE curriculum is delivered and supported through appropriate equipment.</p> <p>It also ensures that's we can participate in all interschool competitions. Ensure a wider variety of activities are available to children.</p> <p>Children participate in active playtimes and have the opportunity to play a range of games and sport. For example, football, basketball, champ and skipping.</p> <p>All P.E equipment to be audited in the academic year 2021-22.</p>	£500

Swimming	To swim competently, confidently and proficiently over a distance of at least 25 metres To use a range of strokes effectively To perform safe self-rescue in different water-based situations.	Phase 3 (Year 4,5 and 6)	Children in Year 4, 5 and 6 have one term of swimming per academic year. During that term children swim one a week. The aim is to ensure that as many children as possible can swim when leaving St Mark's.  During the academic year, <b>2017-2018, 71%</b> of children left Year 6 being able to competently swim 25m and use a range of strokes effectively.  For the academic year, <b>2018-2019 (November) 53%</b> of Year 6 children are able to competently swim 25m and use a range of strokes effectively. Of these <b>26%</b> can confidently swim 50m+. <b>All children can swim 10m.</b>	£752 per term £2256
After school clubs and breakfast club	To ensure that children at St Mark's have access to high quality provision before and after school where activities and healthy food are provided	Whole School	To increase the number of pupils accessing high quality P.E provision before and after school.	£34 per week. 39 weeks. £1326

Total = £23,184