



Every Child, Every Chance, Every Day

St Mark's News

11th February 2022
Issue 10

www.st-marks.islington.sch.uk

Dear Parents and Carers,

Though Wordle is now a worldwide game played all around the globe it was created through love, a gift from Mr Wardle to his partner. As we await St Valentine's Day on Monday, let us all show and share love with the people that matter, big and small gestures that put smiles on faces. I see kindness and love every day at St Mark's, it is shared amongst staff and children and as we know from Children's Mental Health week, it's power should never be underestimated.

Wishing you a lovely half term, see you on Monday 21st Feb. Ms Braithwaite

Would you make a great Families for Life Community Champion?

Islington are looking for inspirational volunteers to encourage families in Islington to get active and eat well. The Families for Life programme offers free healthy eating and active play activities for families with children aged 2 to 11.

Volunteers should be Islington residents, be committed to improving the health of their community and available to volunteer two to three hours a week. Community Champions will learn about health and wellbeing. They will have access to free training and ongoing support. It's a great opportunity for them to meet new people, improve their communication skills and boost their confidence.

Free, 6 week, online training for the Families for Life Community Champion programme begins Wednesday 23 February 2022!

If this sounds like someone you know please contact: Natasha Miller, Community Champion Co-ordinator on 07974604133 or via natasha.miller@islington.gov.uk

Friends of St Mark's

FOSM have agreed to help refurbish our school library which is currently looking a bit sad. We will be fundraising to buy new books as well as transforming the look of it. Please look out for more information in the newsletter after half term.

Growing Together

This week is Children's Mental Health Week. As I hope you know, at St Mark's, we are as committed to your children's mental health as we are to their physical health. We want the children to understand that being mentally well does not mean being happy all of the time but instead it means understanding what makes us happy and what makes us sad. When we can identify the things that bring us joy we can actively do more of those things. If we know what makes us sad, we can work out our own ways of managing the feelings of sadness so that they do not overwhelm us. As previously stated, we are working really hard, with all the children, on labeling how we are feeling so that we can talk about our emotions and manage them.

Term Date Change

The last day of term will now be **Thursday 22nd July** as all schools have been granted an extra bank holiday to commemorate the Queen's Jubilee. School will finish at 2pm on this day.

DATES FOR YOUR DIARY

Y3 Class Assembly	Tuesday 1 st Mar at 10am
Y2 Class Assembly	Tuesday 8 th Mar at 10am
Y1 Class Assembly	Tuesday 15 th Mar at 10am
Rec Class Assembly	Tuesday 22 nd Mar at 10am
End of term	Friday 1 st April 2022 at 2pm

*Happy Valentine's Day
We love because he first loved us.
John ch 4, v19*

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