

Summer 2022 Menu

Available daily: Freshly cooked jacket potatoes with choice of fillings, bread freshly baked daily on site and daily salad selection.

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK ONE 18 Apr 9 May 6 Jun 27 Jun 18 Jul	Option 1	Beef Tortilla Stack with Rice	Chicken & Red Pepper Pizza	Roast Turkey, New Potatoes & Gravy	Soya Spaghetti Bolognese	BBQ Chicken & Chips
	Option 2	Mac & Cheese	Arabiatta Tomato Pasta	Vegan Mediterranean Vegetable Gratin	Roasted Cauliflower Curry with 50/50 Rice	Cheese & Tomato Quiche
	Vegetables & Salads	Sweetcorn Broccoli Rainbow Slaw	Green Beans Ratatouille Mixed Bean Salad	Carrots Cauliflower Green Bean Salad	Roasted Peppers Courgettes Mixed Leaf Salad	Steamed Peas Baked Beans Grated Carrot Salad
	Dessert	Peaches & Ice Cream Yoghurt/Fresh Fruit	Plum Crumble with Custard Yoghurt/Fresh Fruit	Lemon Drizzle Cake Yoghurt/Fresh Fruit	Chocolate & Banana Oaty Square Yoghurt/Fresh Fruit	Yoghurt & Fresh Fruit Station
WEEK TWO 25 Apr 16 May 13 Jun 4 Jul	Option 1	Spaghetti Bolognese	Jerk Chicken with Rice	Minced Beef Pasta Bake	BBQ Chicken Pizza	Fish Fingers with Sweet Potato Wedges
	Option 2	Vegetable Enchiladas with 50/50 Rice	Vegetable Lasagne with Garlic Bread	Vegetable Pasta Bake	Summer Vegetable Risotto	Red Pepper & Cheese Frittata
	Vegetables & Salads	Mixed Broccoli & Cauliflower Florets Couscous Salad	Carrots Courgettes Coleslaw	Roast Tomatoes Hot Slaw Sweet Potato Power	Sweetcorn Green Beans Roasted Veg Power	Steamed Peas Baked Beans Tomato Penne Salad
	Dessert	Apple Strudel with Custard Yoghurt/Fresh Fruit	Apple & Raisin Flapjack Yoghurt/Fresh Fruit	Fruit Jelly & Mandarins Yoghurt/Fresh Fruit	Mixed Fruit Crumble with Custard Yoghurt/Fresh Fruit	Yoghurt & Fresh Fruit Station
WEEK THREE 2 May 23 May 20 Jun 11 Jul	Option 1	Beef Jollof	Sweet & Sour Chicken Noodles	Honey & Lemon Roast Chicken, Skin on Roast Potatoes & Gravy	Chicken Curry	Breaded Fish & Chips
	Option 2	Jollof Rice with Quorn & Beans	Vegetable Noodles	Mac & Cheese	Vegetable Curry	Spanish Omelette
	Vegetables & Salads	Steamed Peas Sweetcorn Green Bean Power	Broccoli Baked Beans BBQ Noodle Salad	Spring Greens Carrots Apple & Raisin Salad	Roasted Summer Vegetable Medley Beetroot & Orange	Steamed Peas Baked Beans Mixed Leaf Salad
	Dessert	Mandarin Cheesecake Yoghurt/Fresh Fruit	Chocolate & Orange Brownie Yoghurt/Fresh Fruit	Bananas & Custard Yoghurt/Fresh Fruit	Cinnamon & Orange Cookie Yoghurt/Fresh Fruit	Yoghurt & Fresh Fruit Station