

WEEK ONE

W/C
30 October
20 November
11 December
15 January
5 February
4 March
25 March

MONDAY

Planet Friendly Day

TUESDAY

WEDNESDAY







THURSDAY

FRIDAY

Option one	Cheese and Tomato Pizza (V) 	Fish Fingers with New Potatoes	 Minced Beef Cottage Pie	Chicken Arrabiata Pasta	BBQ Chicken and Chips
Option two	Quorn Tagine with Cous-Cous (VE) 	Roasted Cauliflower Curry & 50/50 Rice (VE) 	Plant Sausages with Jacket Wedges (V) 	Wholemeal Vegetable Pasta (VE) 	Quiche with Chips (V)
Vegetables	Cauliflower (VE) Green Beans (VE) Tabbouleh Power Salad (VE)	Broccoli (VE) Sweetcorn (VE)	Carrots (VE) Cabbage (VE)	Roasted vegetables (VE) Green Beans (VE)	Peas (VE) Baked Beans (VE)
Dessert	Apple Crumble with Custard (V) 	Yoghurt and Fresh Fruit Station (V)	Mandarin Cheesecake (V)	Banana Loaf Custard (V)	Yoghurt and Fresh Fruit Station (V)








WEEK TWO

W/C
6 November
27 November
18 December
22 January
19 February
11 March

Option one	Beef Spaghetti Bolognaise	 Beef Lasagne	Roast Chicken, Skin on Roast Potatoes and Gravy	Pork Sausages with Mash Potato & Gravy	Battered Fish & Chips
Option two	Chessy Bean Puff (V) 	Mexican Bean Fajitas with 50/50 Rice (VE) 	Lentil Wellington with Skin on Roast Potatoes (VE) 	Hearty Vegan Spaghetti Bolognaise (VE) 	Jollof Rice with Quorn Bean (VE) 
Vegetables	Roasted Tomatoes (VE) Broccoli (VE)	Sweetcorn (VE) Courgettes (VE)	Cauliflower (VE) Carrots (VE)	Red Cabbage (VE) Green Beans (VE)	Peas (VE) Baked Beans (VE) Roasted Veg Power Salad (VE)
Dessert	Eves Pudding with Custard (V)	Pear & Ginger Slice with Custard (V)	Yoghurt and Fresh Fruit Station (V)	5 A Day Cake with Custard (V)	Yoghurt and Fresh Fruit Station (V)

WEEK THREE

W/C
13 November
4 December
8 January
29 January
26 February
18 March

Option one	Classic Mac & Cheese (VE) 	 Chicken Tagine with Cous-Cous	Roast Turkey, Mashed Potatoes and Gravy	Roasted Vegetable Pizza (V) 	Salmon Fish Fingers and Chips
Option two	Lentil Basil Puff with Mash Potato (VE) 	Jollof Rice Quorn & Beans (V) 	Broccoli Pasta Bake (V)	 Chilli con Carne with 50/50 Rice 	Mexican Enchiladas and Rice (V)
Vegetables	Roasted Peppers (VE) Green Beans (VE)	Sweetcorn (VE) Peas (VE)	Leeks (VE) Carrots (VE)	Broccoli (VE) Cauliflower (VE) Sweet Potato Power Salad (VE)	Peas (VE) Baked Beans (VE)
Dessert	Yoghurt and Fresh Fruit Station (V)	Apple & Raisin Strudel with Custard (V)	Yoghurt and Fresh Fruit Station (V)	Vanilla Cake with Custard (V)	Rice Pudding with Fruit Compote (V)

MENU KEY



Added Plant Power



Planet Friendly Option



Wholemeal

Vegan (VE)

(V) Vegetarian

Available Daily:

- Freshly cooked jacket potatoes with a choice of fillings (where advertised) - Bread freshly baked on site daily - Daily salad selection
- Fresh Fruit and Yoghurt is available daily

ALLERGY INFORMATION:

If you would like to know about particular allergens in foods please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.